

JULY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Crisp Green Salad & Milk Served Every Day. Wheat Bread as Needed.		Early Release. Elder's Lunch @ Casino	1 2
3	CLOSED 	5	6 Stuffed Peppers Brown Rice Glazed Carrots Fresh Fruit	7 Swiss Steak Mashed Potatoes Veggie Blend Fresh Fruit	8 Italian Chicken w/Noodles Asparagus Garlic Bread Fresh Fruit	9
10	11 Tamale Pie Spanish Rice Green Beans Jello/Fruit	12	13  Annual Cookout from our A+ friends	14 Oven Fried Chicken Mashed Potatoes Veggie Blend Fresh Fruit	15 Sausage & Sauerkrauts Oven Fried Potatoes Roasted Veggies Fresh Fruit	16
17	18 Spaghetti Garlic Bread Broccoli Spears Jello/Fruit	19	20 Stuffed Pork Chops Potato Medley Veggie Blend Fresh Fruit	21 Baked Cod Beans & Rice Roasted Veggies Fresh Fruit	22 Country Fried Steak Mashed Potatoes Veggie Blend Fresh Fruit	23
24/ 31	25 Salisbury Steak Mashed Potatoes Peas & Carrots Jello/Fruit	26	27 Make Your Own Taco Pinto Beans Spanish Rice Fresh Fruit	28 Bacon, Ham, Toast, Scrambled Eggs, Breakfast Potatoes, Fresh Fruit	29 Kenny's Tomato Baked Salmon Wild Rice Pilaf Roasted Kale Fresh Fruit	30